



**FREQUENTLY ASKED
QUESTIONS**
Japanese Head Spa Training

FAQ'S

What is...



Where is the training held?

Our in-person training is held at our Head Spa Clinic in Stratford-Upon-Avon, Warwickshire. Our location provides beautifully calm and serene surroundings with plenty of customer parking available

Do I need any previous experience?

No you do not need any previous experience or qualifications to attend our Head Spa training. We start our training from the basics and welcome all levels from a total beginner to those that have had previous massage or similar experience

Do I need to get insurance to offer this treatment?

Yes, it is highly recommended to obtain insurance before offering Japanese head spa treatments. Having professional liability insurance protects you and your business in case of any unexpected incidents or claims made by clients. It ensures that you can provide services with peace of mind, knowing that you are covered.

How many delegates will be on a course?

Our in-person training course allows a maximum of four delegates per course. Keeping the group small ensures all students have enough time to be assessed during their practical training at every stage of the head spa treatment

FAQ'S

What is...



What should I wear for the training?

It is best to wear comfortable and professional attire. Choose clothing that allows for easy movement, such as loose-fitting tops and pants. Avoid wearing anything too restrictive or formal. Since you will be practicing techniques and possibly working with oils, it's advisable to wear clothes that you don't mind getting slightly messy. Additionally, closed-toe shoes with good support are recommended for your comfort and safety during the hands-on sessions.

What are the benefits of training with us?

Training with us means learning from experienced professionals who specialize in authentic Japanese head spa techniques. Our comprehensive program combines theoretical knowledge with hands-on practice, ensuring you gain both the skills and confidence to excel. We provide personalized guidance, high-quality training materials, and a supportive learning environment. Your success is our priority.

Do you offer ongoing support?

Yes absolutely. Your in-person training day is where your journey begins, not where it ends. Once you have completed your training course and get started in your salon, you will no doubt have many more questions. This is why we offer lifetime support for all our students following your attendance at our training course.

What is included in the training?

Our in-person training includes the following:
All training materials including our comprehensive training manual; access to detailed training videos breaking the treatment down stage-by-stage; lunch and hot/cold beverages throughout the day; and your very own Adora Head Spa gift bag. You will also be offered ongoing support for any questions or queries you may have following your training.

FAQ'S

What is...



Will I receive a certificate after the training?

Yes you will be provided with a CPD Certified Certificate following your training

How will students be assessed?

All students must complete the pre-course work before attendance at the in-person training is permitted. During the in-person training, students will be assessed through practical demonstrations of head spa techniques, ensuring they can perform each step correctly and safely. Additionally, they may be evaluated on their understanding of the theory and principles behind the treatments through brief oral exams.

Will I need to bring a model with me to the training?

We ask that all students bring one model with them. If you are unable to find a model, please let us know in advance as we may be able to find alternatives for you.